It's not just TV--it's all the media. But, since TV is what you're asking about and is within your purview, please do something about the violence and sex on TV. There's way too much. Our society-especially our children--are being bombarded with increasing levels of depictions of violence and cruelty, even if some of it (aimed at children) is cartoonish, stylized and/or supposedly funny. It all serves to desensitize them/us to violence and undermines and breaks down society's otherwise and heretofore effective constraints against violence, and other aggressive and disrespectful behaviors and language. It is clearly a downward spiral. Please try to reverse it.